



SACRED HEART GIRLS' HIGH SCHOOL
MUSEUM ROAD, BANGALORE - 25

CISCE REGIONAL SPORTS AND GAMES
2022 – KARNATAKA CHAPTER

Yoga Championship

Sacred Heart Girls' High School is honoured to host the **CISCE REGIONAL SPORTS YOGA CHAMPIONSHIP**.

You are cordially invited to participate in the upcoming YOGA CHAMPIONSHIP, the details for which are listed below:

IMPORTANT INFORMATION TO SCHOOLS:

1) Fill out the registration form for each student if not done already (link listed below)
<https://www.sportskacisce.org/yoga/#1654865916551-a80f00ac-bc33>

2) **Tournament Date: 28th and 29th JULY 2022**

3) **Venue:**

Sacred Heart Girls' High School (KA009)
Good Shepherd Convent
Museum Road, Bangalore 560025
Email: head@ka009cisce.org



4) **Registration Fee:** Rs. 600 per participant/per event
(Please bring only cash on the 26th of July)

5) **Total Categories:** 6 (six)
Under-14; Under-17; Under-19 (Boys and Girls separate)

6) **Documents for Registration:**

- One set of **Registration form** duly completed and signed by the Principal of the school concerned.
- Photocopy of Aadhar Card** (Photocopy of the Passport in case of overseas students only).
- Photocopy of the Mark-sheet/Report Card** of the previous class attended duly attested by the Principal.
- Photocopy of Birth certificate** issued by the competent authority of the State/Central Government attested by a Gazetted officer.



SACRED HEART GIRLS' HIGH SCHOOL
MUSEUM ROAD, BANGALORE - 25

Participants who do not have all the documents mentioned above **will not be allowed** to participate in the CISCE games.

NOTE: Please submit the above documents along with the registration fee at the Registration Desk **(Ms Sahana and Mr Naveen) on 26th July '22.**

7) MEETING FOR MANAGERS/COACHES:

Date: 26th July '22

REGISTRATION:

Time: 1:30pm – 2:00pm

Venue: Quadrangle (Sacred Heart Girls' High School)

MEETING:

TIME: 2:10pm

Venue: Mini Hall (Sacred Heart Girls' High School)

Parking is available in the **Good Shepherd Convent Campus (Gate No. 22)**

8) REPORTING TIME FOR PARTICIPANTS:

DAY 1:

DATE & TIME: THURSDAY 28TH JULY '22 AT 8:00am

TOURNAMENT INAUGURATION: 9am

TOURNAMENT TIME: 9:30am – 5:00pm

DAY 2:

DATE & TIME: FRIDAY 29TH JULY '22 AT 8:00am

TOURNAMENT TIME: 8:30am – 5:00pm

CLOSING CEREMONY: 5:00pm

NOTE:

- Lunch will be provided by the host school to all the participants and their coaches.
- **Parents are NOT ALLOWED inside the school campus.**
- School officials along with the team must carry their school ID cards. If the school has not issued an ID Card, please carry a letter from the school Principal with the photographs and details of the team duly attested by the School Principal.
- Students must carry their school ID cards and exhibit it when requested.
- Parking is available in the **Good Shepherd Convent Campus (Gate No. 22)**



SACRED HEART GIRLS' HIGH SCHOOL
MUSEUM ROAD, BANGALORE - 25

9) PRIZES:

- Prizes will be given for all categories. The winners and runners up in each category will be awarded.
- The certificates/trophies/medals will be given as and when we receive them from the Council.

10) Protocols to be followed by the participants:

- Participants are not allowed to use their phones or any other electronic device in the school campus.
- No photography and videography is allowed in the school premises.
- Please bring your **Yoga Mats and water bottles**.
- Please follow **COVID protocols** and carry a mask and a sanitizer.
- Participants of **Rhythmic Yoga** need to submit their music in the **MP3 format on the 26th of June (no extension of date will be given)**.
- **The Council approved dress code for this event is swimwear (one-piece suits for girls and swimming trunks for boys). Further details will be provided on 26th.**

For further enquiries please contact the **Sports Coordinators**
Ms. Pushpa Patil (Ph: 9901130073)
Ms Sahana (Ph: 7259171047)

FOR ALL OTHER RULES PLEASE REFER COUNCIL SCHOOL SPORTS AND GAMES-GENERAL
RULES AND REGULATIONS
(LINK:<https://www.sportskacisce.org/yoga/#1654865916551-a80f00ac-bc33>)
